|  |  |  |  |
| --- | --- | --- | --- |
| **Recruitment Ref:** |  | **AfC Ref:** |  |
| **Job details** |
| **Job title:****Band:****Hours:****Contract:****Location:****Responsible to:****Reports to:****Liaises with:** | Exercise Physiologist 5Service to populate  |

|  |
| --- |
| **Job purpose** |
| * To deliver physical activity and exercise advice, individual exercise assessment and prescription to service users in the clinical setting
* To support development and delivery of cardiovascular rehabilitation including lifestyle behaviour change and exercise services
* To support and contribute to safe and effective service delivery e.g. equipment checks, cleaning, appointment reminders etc
 |

|  |
| --- |
| **Main duties and responsibilities** |
| **Cardiovascular Rehabilitation** Within a multidisciplinary team assist in the coordination, delivery and development of a comprehensive cardiovascular rehabilitation programme, to include:* Conduct functional capacity tests to establish physical capabilities and develop tailored programmes of exercise suitable to the service users needs and limitations
* Conduct clinical assessments and risk stratification
* Have the ability to travel across sites to deliver cardiovascular rehabilitation (service to populate)
* Deliver educational talks, such as exercise, goal setting and nutrition
* Deliver exercise-based cardiovascular rehabilitation sessions
* Supervise exercise rehabilitation sessions in line with service policies and procedures and according to the service users individual care plan
* Contribute to service user progress under supervision, through the relevant stages of the programme and provide appropriate information and advice at each stage
* Monitor and progress, under supervision, service users undergoing cardiovascular rehabilitation evaluating their condition and adapting their programme as necessary within department standards and protocols seeking senior assistance as required.
* Assist in maintenance of all records associated with cardiovascular rehabilitation in an organised and confidential manner in accordance with the Code of Conduct and Caldicott principles.
* Prepare the exercise areas and maintain clinical equipment, reporting any faults immediately to Line Manager/Service Lead
* Assist in the daily cleaning and regular deep cleaning of all exercise equipment via appropriate mechanism
* Liaise with Specialist Clinical Exercise Physiologists and/or Highly Specialist Clinical Exercise Physiologist to discuss management of more complex service
* Communicate with all members of the cardiovascular rehabilitation team and the wider multidisciplinary team in an effective manner
* Liaise with relevant health and leisure professionals to ensure continuity of service user care (service to delete as required)
* Enter confidential service user data into paper-based service user records and use computer information systems to ensure all clinical audit data is recorded as required (service to delete as required)
* Undertake any other duties commensurate with the post as determined by Service Lead
* Contribute to department policy development by providing comments on new proposals
* Contribute to maintaining, updating and restock health education materials and noticeboards for service users

**Professional and health education**Support fellow health and other professionals, and members of the public by:* Maintain a continued professional development portfolio
* Be professionally and legally accountable for all aspects of own work including the management of service users in your care
* Assist in the supervision of planned student placements
* Respond to requests for advice and information from the public and other health professionals
* Maintain sound knowledge and understanding of issues relating to the prevention, treatment and rehabilitation of cardiovascular disease
* Have knowledge of the scope of practice for a UK Clinical Exercise Physiologist
* Assist colleagues in maintaining strong links with local and regional higher education organisations
* Attend regular clinical supervision sessions

**Other duties and responsibilities**Service to populate  |
| This is not intended to be exhaustive and may be reviewed periodically with the post holder to ensure that the job relatesto the job being performed. |