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| **Recruitment Ref:** | |  | **AfC Ref:** |  |
| **Job details** | | | | |
| **Job title:**  **Band:**  **Hours:**  **Contract:**  **Location:**  **Responsible to:**  **Reports to:**  **Liaises with:** | Exercise Physiologist  5  Service to populate | | | |

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| **Job purpose** |
| * To deliver physical activity and exercise advice, individual exercise assessment and prescription to service users in the clinical setting * To support development and delivery of cardiovascular rehabilitation including lifestyle behaviour change and exercise services * To support and contribute to safe and effective service delivery e.g. equipment checks, cleaning, appointment reminders etc |

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| **Main duties and responsibilities** |
| **Cardiovascular Rehabilitation**  Within a multidisciplinary team assist in the coordination, delivery and development of a comprehensive cardiovascular rehabilitation programme, to include:   * Conduct functional capacity tests to establish physical capabilities and develop tailored programmes of exercise suitable to the service users needs and limitations * Conduct clinical assessments and risk stratification * Have the ability to travel across sites to deliver cardiovascular rehabilitation (service to populate) * Deliver educational talks, such as exercise, goal setting and nutrition * Deliver exercise-based cardiovascular rehabilitation sessions * Supervise exercise rehabilitation sessions in line with service policies and procedures and according to the service users individual care plan * Contribute to service user progress under supervision, through the relevant stages of the programme and provide appropriate information and advice at each stage * Monitor and progress, under supervision, service users undergoing cardiovascular rehabilitation evaluating their condition and adapting their programme as necessary within department standards and protocols seeking senior assistance as required. * Assist in maintenance of all records associated with cardiovascular rehabilitation in an organised and confidential manner in accordance with the Code of Conduct and Caldicott principles. * Prepare the exercise areas and maintain clinical equipment, reporting any faults immediately to Line Manager/Service Lead * Assist in the daily cleaning and regular deep cleaning of all exercise equipment via appropriate mechanism * Liaise with Specialist Clinical Exercise Physiologists and/or Highly Specialist Clinical Exercise Physiologist to discuss management of more complex service * Communicate with all members of the cardiovascular rehabilitation team and the wider multidisciplinary team in an effective manner * Liaise with relevant health and leisure professionals to ensure continuity of service user care (service to delete as required) * Enter confidential service user data into paper-based service user records and use computer information systems to ensure all clinical audit data is recorded as required (service to delete as required) * Undertake any other duties commensurate with the post as determined by Service Lead * Contribute to department policy development by providing comments on new proposals * Contribute to maintaining, updating and restock health education materials and noticeboards for service users   **Professional and health education**  Support fellow health and other professionals, and members of the public by:   * Maintain a continued professional development portfolio * Be professionally and legally accountable for all aspects of own work including the management of service users in your care * Assist in the supervision of planned student placements * Respond to requests for advice and information from the public and other health professionals * Maintain sound knowledge and understanding of issues relating to the prevention, treatment and rehabilitation of cardiovascular disease * Have knowledge of the scope of practice for a UK Clinical Exercise Physiologist * Assist colleagues in maintaining strong links with local and regional higher education organisations * Attend regular clinical supervision sessions   **Other duties and responsibilities**  Service to populate |
| This is not intended to be exhaustive and may be reviewed periodically with the post holder to ensure that the job relates to the job being performed. |